# Sharing Information Across Physical and Behavioral Health: Debunking Myths, Developing Strategies

Thursday, August 6th, 2015

2:30 - 4:00pm ET

For audio, please listen through your speakers or call: 1-844-302-6774, conference ID # 86279518

## Agenda

2:30 – 2:40 pm	<ul><li>Welcome and Introductions</li><li>Kitty Purington, NASHP</li></ul>
2:40 – 3:00 pm	• Karla Lopez, Legal Action Center
3:00 - 3:40 pm	<ul> <li>Sharing Information Across Physical and Behavioral Health:</li> <li>Strategies from North Carolina and New York</li> <li>Amelia Mahan, Community Care of North Carolina</li> <li>Greg Allen, New York State Department of Health</li> </ul>
3:40 - 4:00 pm	<ul><li>Questions and Answers</li><li>Kitty Purington, NASHP</li></ul>



# SHARING INFORMATION ACROSS PHYSICAL & BEHAVIORAL HEALTH

Presented by Karla Lopez of Legal Action

Center

Aug. 6, 2015



## Background



- The confidentiality of health information is protected by a combination of federal and state law
- Federal laws protect:
  - All health info (HIPAA)
  - Substance use disorder info (42 CFR Part 2)
- State law varies, but often protects the following types of information:
  - Mental health
  - HIV/AIDS
  - Reproductive health





#### Two federal laws apply to behavioral health information:

- □ (1) <u>HIPAA</u>
  - Applies to most health care providers and insurers
  - Applies to all types of health information
  - Federal "floor" of confidentiality
- □ (2) <u>42 CFR Part 2</u>
  - Applies to substance use disorder ("SUD") prevention/ treatment providers
  - Applies to information that identifies someone as having SUD
  - Older and stricter than HIPAA





#### **HIPAA**

- HIPAA allows health information to be disclosed without patient's consent for:
  - Treatment (e.g., to other health care providers);
  - Payment (e.g., to health insurer); and
  - Health care operations (e.g., administration of health care provider's business)
- Learn more about treatment, payment, and health care operations disclosures:

http://www.hhs.gov/ocr/privacy/hipaa/understanding/coveredentities/usesanddisclosuresfortpo.html





#### HIPAA, cont'd....

- HIPAA does not, for the most part, treat behavioral health information differently from other health information
- Psychotherapy notes are more protected, but defined narrowly
- Learn more about sharing mental health info under HIPAA:
   <a href="http://www.hhs.gov/ocr/privacy/hipaa/understanding/special/mhguidance.html">http://www.hhs.gov/ocr/privacy/hipaa/understanding/special/mhguidance.html</a>





#### 42 CFR Part 2

- Substance use disorders carry potential negative consequences that are unique within the health care system
  - Criminal
  - Employment
  - Child custody





#### 42 CFR Part 2, cont'd....

- These negative consequences often deter people from seeking treatment for SUD
- To address this problem, in the 1970s Congress passed federal confidentiality law for alcohol & drug treatment & prevention records—known as 42 CFR Part 2







#### 42 CFR Part 2, cont'd....

- 42 CFR Part 2 is usually more protective of patient privacy than HIPAA
- Only applies to SUD treatment/prevention providers:
  - "federally funded"
  - Hold themselves out as providing, and do provide, alcohol or drug abuse diagnosis, treatment, referral to treatment or prevention
- Can apply to an individual or an organization
- Does not apply to general medical facilities (but can apply to a unit or individual in such a facility)





#### 42 CFR Part 2, cont'd....

- Whereas HIPAA allows disclosures of general health information without patient consent for treatment, payment, or health care operations,
- SUD information protected by 42 CFR Part 2 can be disclosed only in certain circumstances......







#### 42 CFR Part 2

#### **Permitted Disclosures**

Internal Crime on Communications program premises or against program personnel No patient identifying Research/ Audit information Court **Proper Consent** Order **Qualified Service** Medical Reporting suspected Organization/ Business child abuse and Emergency **Associate Agreement** neglect

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#### State Laws



#### **State Laws**

- Whereas federal laws (HIPAA and 42 CFR Part 2) apply to all 50 states, states may also pass their own confidentiality laws, and these vary around the country
- Why do states pass confidentiality laws of their own?
  - Usually, to protect sensitive health information, like mental health, HIV/AIDS, and reproductive health
- What to do when multiple laws apply?
  - Follow the most stringent (most privacy protective) law
- How to find out if your state has its own confidentiality law(s)?
  - Work with your agency's privacy officer
  - Your state attorney general's office may also have resources



## Federal & State Laws: Recap



#### Recap

- Confidentiality of health and behavioral health information is protected by 2 federal laws
  - HIPAA applies to all types of health care information
  - 42 CFR Part 2 applies to SUD information
- States also have their own confidentiality laws, often including state laws governing the confidentiality of mental health information



# Confidentiality Laws & Integrated Care



#### How can behavioral health information be included in integrated care settings?

- Under <u>HIPAA</u> (all health information):
  - If for treatment, payment, or health care operations, no patient consent needed—can generally exchange freely
- □ Under <u>42 CFR Part 2</u> (SUD information):
  - Patient Consent
  - Qualified Service Organization Agreement (like a Business Associate Agreement under HIPAA)
  - Medical emergency exception
  - Within the SUD program: internal communications exception
  - Note: Prohibition on Redisclosure for first two
- Be sure to find out whether your <u>state</u> has any additional confidentiality laws



## Myths & Facts



- Myth: Behavioral health information cannot be included in electronic health information exchange (HIE)
- Fact: It can be included, as long as the HIE has policies & procedures in place that comply with confidentiality laws.
  - <u>HIPAA</u>: If only exchanging information for treatment, payment, and health care operations, no patient consent needed
  - <u>42 CFR Part 2</u>: Include SUD information by getting patient consent or by setting up a Qualified Service Organization Agreement. Some things HIE should consider:
    - Prohibition on Redisclosure
    - Consent (e.g., expiration, revocation, "to whom")
    - No access by law enforcement
  - State laws
- Model: Consent 2 Share
  - http://wiki.siframework.org/SAMHSA+Consent2Share+Project
    Legal Action Center 2015



## Myths & Facts



- Myth: Patients' SUD information cannot be exchanged between physical & behavioral health care providers
- Fact: Information can be exchanged, staying mindful of confidentiality laws....
  - Physical health → SUD: No consent required by HIPAA if disclosure is for treatment purposes
  - SUD → Physical health: 42 CFR Part 2 allows disclosure in various circumstances, such as:
    - Patient consents (in writing)
    - Qualified Service Organization Agreement in place
    - Medical emergency
  - Mental health: check state laws



## Myths & Facts



- Myth: If we provide SBIRT services, we will have to comply with that burdensome SUD confidentiality law (42 CFR Part 2)
- Fact: SBIRT services are only covered by 42 CFR Part 2 when they are conducted by providers who are already covered by 42 CFR Part 2 (i.e., alcohol/drug treatment/prevention providers)
- For more info, see Q. 11 of SAMHSA FAQs:
   <a href="http://lac.org/wp-content/uploads/2014/12/">http://lac.org/wp-content/uploads/2014/12/</a>
   <a href="SAMHSA\_42CFRPART2FAQII\_Revised.pdf">SAMHSA\_42CFRPART2FAQII\_Revised.pdf</a>



# 42 CFR Part 2: Upcoming Changes?



- Last summer, SAMHSA held a Listening Session about the possibility of making changes to 42 CFR Part 2
- Additional guidance from SAMHSA on how to exchange & integrate SUD information is expected soon, possibly in the form of changes to the law
- Read Legal Action Center's comments on proposed changes to 42 CFR Part 2 here:

http://lac.org/wp-content/uploads/2014/12/

LAC\_COMMENTS.pdf



#### Learn More



- Legal Action Center's SUD confidentiality resources:
   <a href="http://lac.org/resources/substance-use-resources/confidentiality-resources/">http://lac.org/resources/substance-use-resources/confidentiality-resources/</a>
  - Webinars
  - SAMHSA FAQs
  - Sample forms
- More info on HIPAA Privacy Rule: <u>http://www.hhs.gov/ocr/privacy/hipaa/understanding/coveredentities/index.html</u>
- Legal Action Center hotlines to answer questions about alcohol/drug confidentiality (42 CFR Part 2):
  - Free hotline for New York providers
  - Subscription hotline for other states (Actionline): http://lac.org/wp-content/uploads/2014/12/ New\_Actionline\_Flyer.pdf



## THANK YOU!



# SHARING INFORMATION ACROSS PHYSICAL AND BEHAVIORAL HEALTH: DEBUNKING MYTHS, DEVELOPING STRATEGIES – COMMUNITY CARE OF NORTH CAROLINA (CCNC)

August, 6, 2015

Amelia Mahan MSW, LCSW Director, Behavioral Health Integration CCNC amahan@n3cn.org



#### **CCNC** as Medicaid Contractor



- Primary Care Case Management
   System (PCCM) for NC Medicaid
- The PCCM program is carried out chiefly through:
  - (a) the development and support of primary care medical homes;
  - (b) a data-driven, statewide care management program.



## **Primary Goals of CCNC**



- Improved care of the enrolled Medicaid population while controlling costs
- A "medical home" for patients, emphasizing primary care
- Community networks capable of managing recipient care
- Local systems that improve management of chronic illness in both rural and urban settings



## **CCNC** Footprint Statewide





- 6,000 primary care providers (medical homes)
- 90% of PCPs in NC



- 1.4 million Medicaid Patients
- 300,000 Aged, Blind, Disabled
- 150,000 Dually Eligible

#### **All 100 NC Counties**



#### 14 Networks



- Build & support medical homes
- Provide care management
- Each network averages:
  - 1.4 Medical Directors
  - 42.8 Local Care Managers
  - 1.8 Pharmacists
  - 1.0 Psychiatrist



## Behavioral Health Initiative and Community Care



- □ Added in 2010, with a focus on:
  - Treating the "whole patient"
  - Breaking down "Silos" of care
  - Improving health outcomes

\*\*\* Not meant to replace Specialty Behavioral Health



# NC Medicaid Statistics of People with Mental Health (MH) conditions



- 20% of Medicaid eligibles are diagnosed with a Mental Health (MH) condition
- 80% of patients diagnosed with MH are enrolled in a <u>CCNC medical home/primary care practice</u>
- 52% of patients currently actively care managed by CCNC are diagnosed with a MH condition
- 75% of people with a MH condition have another chronic health condition (hypertension, diabetes)
- 35% of people with a MH condition have 3 or more chronic health conditions

·Excluding IDD or Autism only



## Two different, but related, populations that we serve:



- Individuals with behavioral health needs that can be treated within primary care setting (i.e. mild to moderate depression, anxiety, etc.)
  - Focus patient engagement, self-management, screening as needed, supporting primary care
- Individuals with Serious and Persistent Mental Illness (SPMI) that also have comorbid chronic physical health needs (i.e. schizophrenia and uncontrolled diabetes)
  - Focus communication between medical and behavioral health providers and systems



## Successful Communication Strategies



- Relationship building:
  - Clarifying language and reasonable expectations
    - Primary Care and Behavioral Health Providers are different!
  - Creating opportunities to meet
- Strong referral and feedback pathways:
  - Anticipating need and proactively developing
  - Full integration is the ideal. Effective collaboration should be the norm.
- Shared data and documentation



# Community Care of North Carolina Behavioral Health Provider Collaboration Primer



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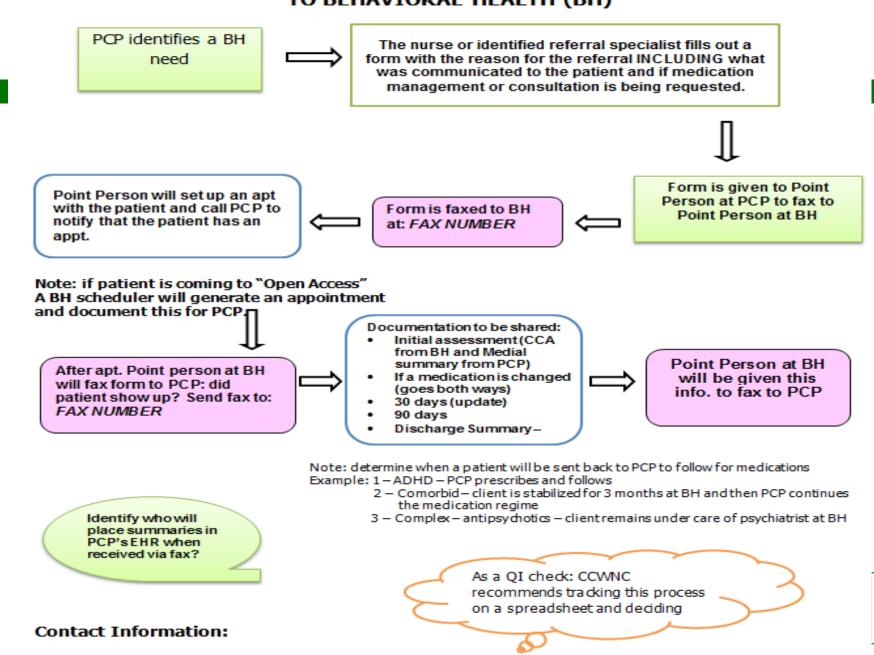
# For BH Providers: Practical ways to work Primary Care



- Gain consent upon intake for release of information to Primary Care for all patients
  - Should be part of agency culture that coordination will happen as a part of better health
- Collaborate and share care <u>as needed</u>
  - Close referral loop, share diagnosis, treatment approach, prognosis, labs, medications, etc.
- Share your specialty strengths market yourself
- Improve skillsets and assessment with prevalent physical health conditions
  - Diabetes, Chronic Pain, Hypertension, Diabetes/ Depression groups, etc.



### REFERRAL PROCESS FROM PRIMARY CARE (PCP) TO BEHAVIORAL HEALTH (BH)



### Referral Forms:



- □ Form #1 Behavioral Health Request for Information this form is for behavioral health providers who begin working with a new consumer or identify a potential medical need, and wish to make contact with the PCP.
- □ Form #2 − Referral to Behavioral Health Services Section I − this form is for PCPs to make a direct referral to a behavioral health provider for an assessment and/or services.
- □ Form #3 Behavioral Health Feedback to Primary Care Section II this form is to be used in conjunction with the 2nd form listed above. It is for behavioral health providers to complete and send back to the PCP after receiving a referral.

https://www.communitycarenc.org/ population-management/behavioral-healthpage/referral-forms/



# Behavioral Health Provider Partnership (BHPP) – History



- Pilot project began in Fall 2011 at the state level to explore possibilities of creating the first CCNC specialty network
- Goals:
  - Use of data to promote and enhance integrated physical and behavioral health care for Medicaid recipients
  - □ Create clinical pathways that improve patient care
  - Explore alternative payment methodologies to allow behavioral health and other specialty providers to move towards value-based care

## Direct Access to Informatics



- CCNC's Provider Portal secure portal that allows access to care team summary, visit history, medications, labs, etc. on a patient by patient basis
- Patient List Report report showing a list of all patients connected with the CABHA
  - Can be filtered by CABHA site
- Current Hospital Visit Report based on real-time Admission,
   Discharge, and Transfer (ADT) information
  - Indicates priority indicators, outpatient follow-up recommendations
- Narcotic Utilization Report shows opioid, benzo, and hypnotic fills in the past year





#### **Provider Portal**

Welcome: Annette Dubard

Logout | Feedback | Support | Links | Survey | My Profile

•	Medicaid ID				Search
O	Last Name	Exact	Birth Date	mm/dd/yyyy	Clear All
О	Last Name	Partial	First Name	Partial	Birth Year <i>yyyy</i>

Home		Patient List	Patient	Profile	Report Site	е	Meducation ®	Pt. Education
Care Team Medication		ns	Visit History Commun		munications (0)	Linked Sites		
Patient:		1	Medicaid ID:		Gender: Female	E	Birth Date:	Age: 42
Address					County:	ţ	Phone 1:	Phone 2:
Months Medicaid-Eligible:	12	Medicaid: Yes	Medicare: No		HealthChoice: No	(	Other Insurance: No	Program Code: MADC
Carolina Access PCP: UNC	Inter	nal Medicine (UNC P&A)				F	Phone: (919) 966-6989	Fax: (919) 966-6627
Carolina Access PCP Addre	PCP County: ORANGE							

Care Alerts: <u>5</u>	Recent Hospital Use: 9	Inpatient Visits *: <u>6</u>	Hospital Observation Stays *: 0
ED Visits *: 10	Imaging *: 26	Office Visits */Visits toward Limit: 14 / 8	Outpatient Behavioral Health *: 1
ST/PT/OT *: 0	Lab Values *: 99	DME Supplies *: 0	Medication Fills / History: 25 / 93
Pain Agreements: <u>0</u>	Advance Directives: 0	Other Pt. Documents: 0	Medicaid Cost per Month: \$ 5,230.16
Immunizations: 0			

\* Based on 15 months of data.

Print Care Team | Print Patient Profile

#### **Care Coordination**

#### Resources:

			1	
CCNC Network: AccessCare	Phone: (877) 570-0001	Fax: (919) 468-8573		
Primary Care Mngr.: Kimberly Glass	Care Mngmt. Status: Medium	Last Contact: 11/27/2012	Phone: (336) 264-8945	Fax:
Network Pharmacist: Gretchen Tong	Phone: (919) 843-4423 Fax: (919) 843-6544			
Mental Health Local Management Entity (LME):	Phone: (888) 543-1444			
CABHA: PSYCHOTHERAPEUTIC SERVICES INC	, NC 272158862	County: ALAMANCE		

	Care Team Me	dicatio	ns		Visit	History				Communications (0)	Linked Sit	ies
Patient:		Me	dicaid	ID:		Birth 0	Date	:		CA PCP:		
Allergies:		·				Adver	rse l	Reacti	ons/Ir	ntolerance: Not Evaluate	d	
											_	
Medicaid Cl	aims Paid Through: 11/21/2012 Medic	aid Clai	ms Fill	Date T	hrough: 11/15/201	12						
Cor	nsolidated Medication List		Medu	cation	1					North	n Carolina Drugs of Cho	ice Information
Prescription	on Fill History © Current Regimen C (	Complete	History	У						Options:	Print Regimen   Print P	ocket Med List
Fill Date	Drug Description	Qty	Days	Paid	Class	D	ОС	Gap	AI	Prescriber	Pharmacy	Source
11/14/12	HYDROMORPHON TAB 2MG	5	1	\$0	ANALGESICS,					ALPHEUS BENJ	MEDICAL VILL	MNC (18)
11/09/12	SOFTCLIX MIS LANCETS	100	50	\$11	MEDICAL SUPP					CHAITANYA M	MEDICAL VILL	MNC (1)
11/01/12	NEXIUM CAP 40MG	30	30	\$200	ANTI-ULCER/O					JANINE L THE	MEDICAL VILL	MNC (42)
11/01/12	ACCU-CHEK TES AVIVA PL	50	18	\$29	DIAGNOSTICS					EDWARD L BAR	MEDICAL VILL	MNC (1)
10/25/12	PROMETHAZINE TAB 25MG	60	15	\$5	ANTIHISTAMIN.		✓			TANVIR REZWA	MEDICAL VILL	MNC (10)
10/25/12	TRAZODONE TAB 100MG	30	30	\$8	PSYCHOSTIMUL	4	✓		1 Fill	MOHAMMAD FAH	MEDICAL VILL	MNC (11)
10/25/12	TRAMADOL HCL TAB 50MG	80	10	\$9	ANALGESICS,	4	<b>✓</b>			GARRETT DOUG	MEDICAL VILL	MNC (40)
	OUETIAPINE TAB 300MG	30	30	\$35	ANARACTICS				0.78	MOHAMMAD FAH	MEDICAL VILL	MNC (38)
	CYMBALTA CAP 30MG	30	30	\$193	PSYCHOSTIMUL			10	1.02	GARRETT DOUG	MEDICAL VILL	MNC (44)
	NOVOLIN INJ 70/30	10	25	\$76	DIABETIC THE					CHAITANYA M	MEDICAL VILL	MNC
10/05/12	HYDROCO/APAP TAB 5-325MG	50	6	\$14	ANALGESICS,	-	<b>✓</b>			MARY ANN COL	MEDICAL VILL	MNC (7)
9/18/12	LITHIUM CARB CAP 300MG	60	30	\$8	PSYCHOSTIMUL			41*	0.99	MOHAMMAD FAH	MEDICAL VILL	MNC (11)
	INSULIN SYRG MIS 0.5/31G	100	50	\$28	MEDICAL SUPP					CHAITANYA M	MEDICAL VILL	MNC (1)
	METFORMIN TAB 500MG	60	30	\$0	DIABETIC THE	. •	<b>✓</b>	62*	1.12	GARRETT DOUG	MEDICAL VILL	MNC (18)

✓

 $\checkmark$ 

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89\*

224\*

224\*

GARRETT DOUG ...

GARRETT DOUG ...

GARRETT DOUG ...

GARRETT DOUG ...

JEANETTE ELI ...

JEANETTE ELI ...

SHAILI NIRAN ...

SHAILI NIRAN ...

0.81 JANINE LTHE ...

0.47 PHILIP H. LA ...

0.47 PHILIP H. LA ...

MEDICAL VILL ...

MNC (19)

MNC (9)

MNC(1)

MNC (2)

MNC

MNC

MNC(1)

MNC (12)

MNC (10)

MNC(1)

MNC (4)

\$28 FUNGICIDES

\$55 ANTIVIRALS

\$14 MEDICAL SUPP ...

\$238 DIABETIC THE ...

FUNGICIDES

DIURETICS

\$24 ANTICONVULSA ...

ANTIPARASITI ...

ELECTROLYTES ...

ANALGESICS, ...

PSYCHOSTIMUL ...

30 10

100 50

5

15

30

\$8

\$6

\$10

\$6

\$2

11

15 34

14 7

5

1 1

30

30 30

180 30

8/28/12 NYAMYC POW 100000

VALACYCLOVIR TAB 1GM

METRONIDAZOL TAB 500MG

KLOR-CON M20 TAB 20MEQ ER

8/27/12 PEN NEEDLES MIS 29GX1/2"

8/27/12 HUMULIN N PN INJ U-100

8/16/12 | FLUCONAZOLE TAB 150MG

8/10/12 OXYCOD/APAP TAB 5-325MG

8/01/12 HYDROCHLOROT TAB 25MG

3/19/12 DIVALPROEX TAB 250MG DR

3/19/12 FLUOXETINE CAP 20MG

8/28/12

8/18/12

8/18/12

#### Recent Hospital Use - 9

This section displays visits within the past 90 days, updated twice daily from participating hospitals. Click here for list of participating hospitals. Visit information may be duplicated in the ED Visits and Inpatient Visit sections, which are generated after claims payment.

<u>Visit Type</u>	<u>Admit Date</u>	<u>Discharge Date</u>	<u>Diagnosis 1</u>	<u>Diagnosis 2</u>	<u>Facility</u>
Inpatient	11/26/2012	11/27/2012			University of North Carolina Hospital - Chapel Hill
ED	11/25/2012	11/26/2012	ABD AND BACK PAIN FEVER N V	DM2/NOS UNCOMP NSU	Alamance Regional Medical Center
Inpatient	11/17/2012	11/19/2012			University of North Carolina Hospital - Chapel Hill
ED	11/13/2012	11/13/2012			University of North Carolina Hospital - Chapel Hill
Inpatient	11/6/2012	11/9/2012	SEROMA COMPLICATING PX	REGIONAL ENTERITIS NOS	University of North Carolina Hospital - Chapel Hill
ED	11/6/2012	11/6/2012	EMS RM FLEX 6 ABD PAIN		Alamance Regional Medical Center
Inpatient	9/22/2012	10/5/2012	OBSTR INCISIONAL HERNIA	AC RESP FAIL TRAUM/SURG	University of North Carolina Hospital - Chapel Hill
Inpatient	9/9/2012	9/11/2012			University of North Carolina Hospital - Chapel Hill
ED	9/9/2012	9/9/2012	BACK AND ABD PAIN		Alamance Regional Medical Center

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#### Inpatient Visits - 6

ilipatielit visits - (	,				
Admit Date	<u>Discharge Date</u>	<u>Diagnosis 1</u>	<u>Diagnosis 2</u>	Diagnosis 3	<u>Facility</u>
9/22/2012	10/5/2012	OBSTR INCISIONAL HERNIA	ACUTE RESPIRATORY FAILURE FOLLOWING TRAUMA AND SURGERY	OLIGURIA & ANURIA	UNC HOSPITALS
9/9/2012	9/11/2012	URIN TRACT INFECTION NOS	REGIONAL ENTERITIS NOS	BIPOLAR DISORDER UNSPECIFIED	UNC HOSPITALS
8/21/2012	8/27/2012	DIABETES MELLITIS W/O COMPLICATION, TYPE II, UNCONTROLLED	NONHEALING SURGICAL WOUND	HYPOSMOLALITY	UNC HOSPITALS
1/19/2012	1/21/2012	ABDOMINAL PAIN, OTHER SPEC, SITE	REG ENTERITIS, SM INTEST	ANEMIA OF OTHER CHRONIC DISEASE	UNC HOSPITALS
9/7/2011	9/30/2011	PERSIST POSTOP FISTULA	INTESTINAL FISTULA	REGIONAL ENTERITIS NOS	UNC HOSPITALS
9/5/2011	9/7/2011	REGIONAL ENTERITIS NOS	BIPOL AFF, MIXED-UNSPEC	ANAL FISTULA	ALAMANCE REGIONAL MEDICAL CENTER

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#### **Emergency Department Visits - 10**

Admit Date	Admit Day	Admit Hour	Primary Diagnosis	Secondary Diagnosis	<u>Facility</u>
11/6/2012	Tuesday		ABDOMINAL PAIN, UNSP. SITE	HYPERTENSION NOS	ALAMANCE REGIONAL MEDICAL CENTER
9/9/2012	Sunday		URIN TRACT INFECTION NOS	TOBACCO ABUSE-IN REMISS	ALAMANCE REGIONAL MEDICAL CENTER
8/17/2012	Friday		OTHER CHRONIC PAIN	ABDOMINAL PAIN, UNSP. SITE	ALAMANCE REGIONAL MEDICAL CENTER
6/26/2012	Tuesday		REGIONAL ENTERITIS NOS	HYPERTENSION NOS	UNC HOSPITALS
5/29/2012	Tuesday		OTHER CHRONIC PAIN	ABDOMINAL PAIN, UNSP. SITE	ALAMANCE REGIONAL MEDICAL CENTER
3/19/2012	Monday		ABDOMINAL PAIN, UNSP. SITE	HISTORY TOBACCO USE	ALAMANCE REGIONAL MEDICAL CENTER

### Expansion – Local BHPPs!



- Successful local pilot led to the initiation of BHPPs in six additional CCNC networks.
  - Collaboratives focus on populations in one county or in one region
  - Identify specific project or projects that address aspects of the Triple Aim: improving experience of care, improving health of populations, reducing costs
  - A small team of designated individuals including: someone in a position of leadership or who is wellconnected with leadership, someone well-versed in QI, someone who interfaces with patients
  - IT capability to upload MIDs, access reports, etc.



### **Key Points**



- Eliminate real and perceived barriers to sharing information for treatment, care coordination, and quality improvement
  - Education campaign: sharing information for these purposes is a part of better coordinated healthcare
- Utilize health information exchanges and population health analytics to create shared data systems
- Build relationships!



### SHARING HEALTH INFORMATION ACROSS SYSTEMS

New York State Department of Health Office of Health Insurance Programs

Greg Allen, Policy Director

August 6, 2015



### Agenda



- Current Challenges in Sharing Information Across Systems
- DSRIP & Performing Provider Systems (PPSs)
- 3. Data Access in DSRIP
- 4. Patient Consent and Data Security
- Open Discussion





# Current Challenges in Sharing Information Across Systems



## Challenges in Sharing Data Across Systems



- In some cases, there is no existing legal relationship between providers that requires them to share data
- 2. Patient consent is required to share data across providers of separate health systems, both related to sharing, accessing, or conduct analysis
- 3. Health technologies need to be adapted to allow for seamless interoperability
- Consistent Data standards and data governance need to be standardized across providers in the system to optimize usability, accuracy, and integrity of the data



## Policy Standards to Consider When Structuring Data Integration

Access

**Audit** 

Breach

breach



Policy Standards	Description
Participation Agreement	Require participants to comply with exchange Policy Standards
Consent Management	Ability to track the patient has given express consent to access clinical Protected Health Information; exceptions apply
Authorization	Process for determining whether a particular individual within a Participant has the right to access Protected Health Information via the exchange
Authentication	Verifying that an individual who has been authorized and is seeking to access information via the exchange is who he/she claims to be

Access controls govern when and how a patient's information may be accessed by Authorized Users

Oversight tools for recording and examining access to information and are necessary for verifying access controls

Minimum standards Entities and Participants will follow in the event of a



# DSRIP & Performing Provider Systems (PPSs)



#### 2014 MRT Waiver Amendment



- Medicaid Redesign Team (MRT) convened January 2011 to develop an action plan to reshape the Medicaid system to reduce avoidable costs and improve quality
- In April 2014, Governor Andrew M. Cuomo announced that New York State and CMS finalized agreement on MRT Waiver Amendment
- Part of the MRT plan was to obtain a 1115 Waiver which would reinvest MRT generated federal savings back into New York's health care delivery system



### **DSRIP** Explained



- Short for: "Delivery System Reform Incentive Payment" Program
- Overarching goal is to reduce avoidable hospital use ED and inpatient– by 25% over 5+ years of DSRIP
- This will be done by developing integrated delivery systems, removing silos, enhancing primary care and community-based services, and integrating behavioral health and primary care.
- Built on the CMS and State goals in the Triple AIM
  - Improving Quality of Care
  - Improving Health
  - Reducing Costs



#### Performing Provider Systems (PPS)



- □ Partners include:
  - Hospitals
  - Health Homes
  - Skilled Nursing Facilities
  - Clinics & FQHCs
  - Behavioral Health Providers
  - Home Care Agencies
  - Physicians/Practitioners
  - Other Key Stakeholders

Community health care needs assessment based on multi-stakeholder input and objective data.

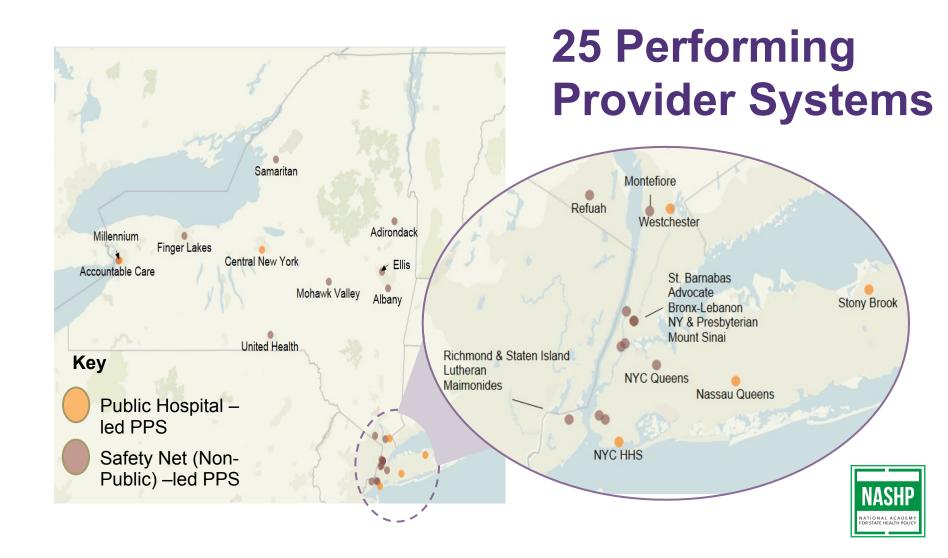
Building and implementing a DSRIP Project Plan based upon the needs assessment in alignment with DSRIP strategies.

Meeting and reporting on DSRIP Project Plan process and outcome milestones.



#### Performing Provider Systems (PPS)







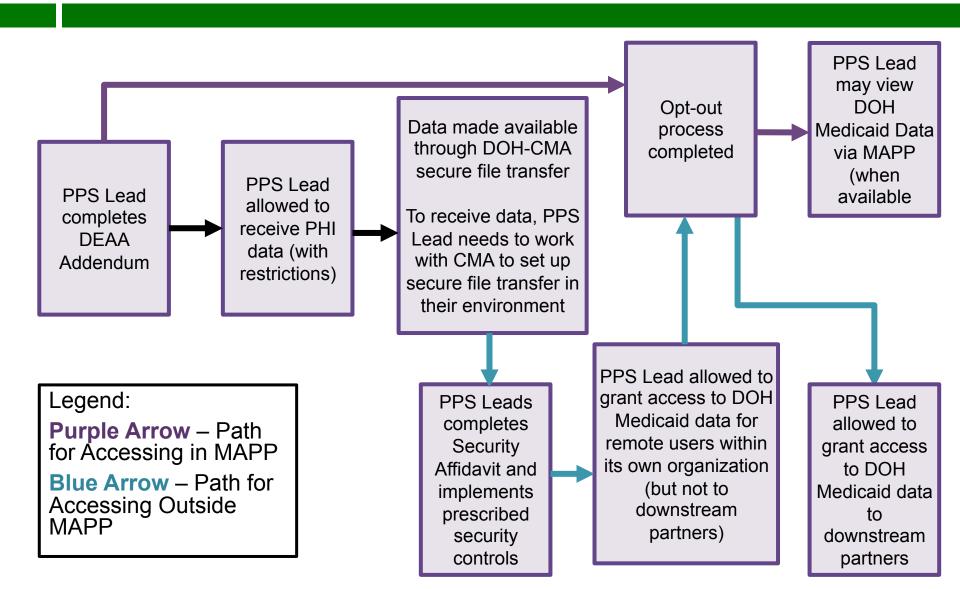
#### **Data Access in DSRIP**

DEAA, Opt-out Process, MAPP, RHIOs, & SHIN-NY



## Process Flow for Release of Medicaid Data





# Data Exchange Application & Agreement (DEAA) Addendum



- In order for a PPS lead to receive permission from the state to access PHI Medicaid data from the State, they must agree to and submit a DEAA Addendum to the State
- PPS submits a Security Assessment to the Department that certifies that they have implemented necessary Security Protocols in order to receive PHI (2FA)
- Once Opt-Out Process (following slide) is complete and additional Security Assessment Affidavits completed, data can be shared with downstream partners by the lead PPS



# Patient Data – Opt Out Process (1)



- NYS is modeling the DSRIP consent process on the Medicare ACO model which is an opt-out model
- Unless member formally opts-out of DSRIP data sharing, they are considered participating in data sharing.
- To "opt-out" means electing NOT to permit the sharing of any PHI and other Medicaid data held by the state with the PPS and its partners.
- The member who "opts-out" will not have his/her Medicaid data shared with the PPS Lead Entity and partners.
- A member can opt-out or opt-in for data sharing at any time.



### Patient Data – Opt Out Process (2)



- To begin the data sharing process, Medicaid has contacted all members by mail and is providing each an opportunity to opt-out of the DSRIP data sharing with the PPS and partners.
- Until this first "opt-out" process cycle is complete, DOH-supplied PHI information cannot be shared with the PPS downstream partners.
- Medicaid will present the opt-out information to new members when they enroll.
- The DSRIP opt-out process only covers DOH Medicaid data that is shared with the PPS.



#### Patient Data – Opt Out Letter



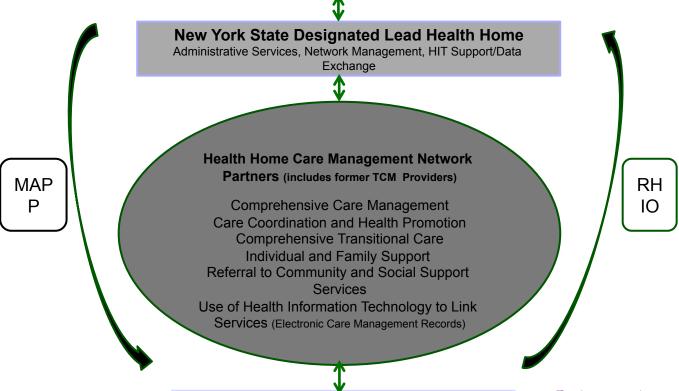
- Letter meets federal and state requirements related to PHI and privacy based upon review by NYS DOH, OMH, and OASAS
- Over 6 million letters have been released this summer to Medicaid members
- Medicaid members have 30 days to respond
- A process has been built for finding alternative addresses for returned mail
- The initial Opt-Out process is scheduled for completion end of December 2015





#### New York State Health Home Model

**Managed Care Organizations (MCOs)** 



Access to Required Primary and Specialty Services

(Coordinated with MCO)

Physical Health, Behavioral Health, Substance Use Disorder Services, HIV/AIDS, Housing, Social Services and Supports



#### NYS Health Home Consent



- Outreach program fueled by limited claims and encounters pre-consent.
- Assertive consent (not opt out) gathered at enrollment.
- One Consent covers physical, mental health and substance use disorder.
- One Consent form covers entire health home network (not one at a time).
- Working with RHIOs to do multiparty consent.



#### NYS Health Home Consent



NEW YORK STATE DEPARTMENT OF HEALTH  Health Home Patien	t Information Sharing Consent	NEW YORK STATE DEPARTMENT OF HEALTH	Health Home Patie	nt Information Sharing Conse
Name of Health Home				
By signing this form, you agree to be in the To be in a Health Home, health care providers and other people involved in your care need to	Health Home.	Name of Health Home		
share your health information with each other to give you better care. While being in a Heal need, you will still be able to get health care and health insurance even if you do not sign th	h Home will help make sure you get the care you	By signing this form, you agree to be in the To be in a Health Home, health care providers and o		
The Health Home may get your health information, including your health records, from parti through a computer system run by the	ers listed at the end of this form and/or from others	share your health information with each other to giv need, you will still be able to get health care and he		
a Regional Health Information Organization (RHIO) and/or a computer system called PSYCK Health. A RHIO uses a computer system to collect and store your health information, includi	ng medical records, from your doctors and health	The Health Home may get your health information, through a computer system run by the	including your health records, from par	rtners listed at the end of this form and/or from others
care providers who are part of the RHIO. The RHIO can only share your health information w information. PSYCKES is a computer system to collect and store your health treatment from the Medicaid program.		a Regional Health Information Organization (RHIO) Health. A RHIO uses a computer system to collect a	nd store your health information, inclu	ding medical records, from your doctors and health
If you agree and sign this form, the Health Home and the partners listed on this form are all other, ALL of your health information (including all of your health information the Health Ho	me obtains from the RHIO and/or from PSYCKES)			with the people who you say can see or get your healt n your doctors and health care providers who are part
that they need to give you care, manage your care or study your care to make health care bel see, read, copy and share may be from before and after the date you sign this form, Your hea injuries you had or may have had before; lest results, like X-rays or blood tests; and the med health records may also have information on:	th records may have information about illnesses or	other, ALL of your health information (including all	of your health information the Health I	
<ol> <li>Alcohol or drug use programs which you are in now or were in before as a patient;</li> <li>Family planning services like birth control and abortion;</li> <li>Inherited diseases;</li> </ol>		see, read, copy and share may be from before and af injuries you had or may have had before; test result:	fter the date you sign this form, Your he	vetter for patients. The health information they may gel ealth records may have information about illnesses or edicines you are now taking or have taken before. Your
4. HIV/AIDS;		health records may also have information on:		
<ol> <li>Mental health conditions; and/or</li> <li>Sexually-transmitted diseases (diseases you can get from having sex).</li> </ol>		<ol> <li>Alcohol or drug use programs which you are in</li> <li>Family planning services like birth control and</li> <li>Inherited diseases:</li> </ol>		
Your health information is private and cannot be given to other people without your permiss. The partners that can get and see your health information must obey all these laws. They agree or the law syst they can give the finformation to other people. This is it rue if your healt Some laws cover care for HIV/AIDS, mental health records, and drug and alcohol use. The pa	not give your information to other people unless you information is on a computer system or on paper.	HIIV/AIDS;     Mental health conditions; and/or     Sexually-transmitted diseases (diseases you ca	an get from having sex).	
Home must obey these laws and rules.		Your health information is private and cannot be give	en to other people without your permi	ission under New York State and U.S. laws and rules.
Please read all the information on this form before you sign it.		The partners that can get and see your health inform	nation must obey all these laws. They o	cannot give your information to other people unless yould information is on a computer system or on paper.
I AGREE to be in the agree that the Health Home can get ALL of my health information from the partners lix RHIO and/or thro	Health Home and ted at the end of this form and from others through ugh PSYCKES to give me care or manage my care, to			partners that use your health information and the Heal
check if I am in a health plan and what it covers and to study and make the care of all pal the partners listed at the end of this form may share my health information with each otl other Health Home Patient Information Sharring Consent Forms I may have signed before	er. I understand this Consent Form takes the place of	Please read all the information on this form before	you sign it.	
and take back my consent at any time by signing a Withdrawal of Consent Form (DOH-50		I AGREE to be in the	hardth information from the nauture	Health Home and
		agree that the fleatth florile can get ALE of my		rough PSYCKES to give me care or manage my care, to
Print Name of Patient	atient Date of Birth		and to study and make the care of all p	patients better. I also AGREE that the Health Home and other. I understand this Consent Form takes the place of
Signature of Patient or Patient's Legal Representative	ate			ore to share my health information. I can change my mir
		and take back my consent at any time by signing	g a Withdrawal of Consent Form (DOH-	5058) and giving it to one of the Health Home partners
Print Name of Legal Representative	elationship of Legal Representative to Patient			
		Print Name of Patient		Patient Date of Birth
		Signature of Patient or Patient's Legal Representative		Date

Print Name of Legal Representative

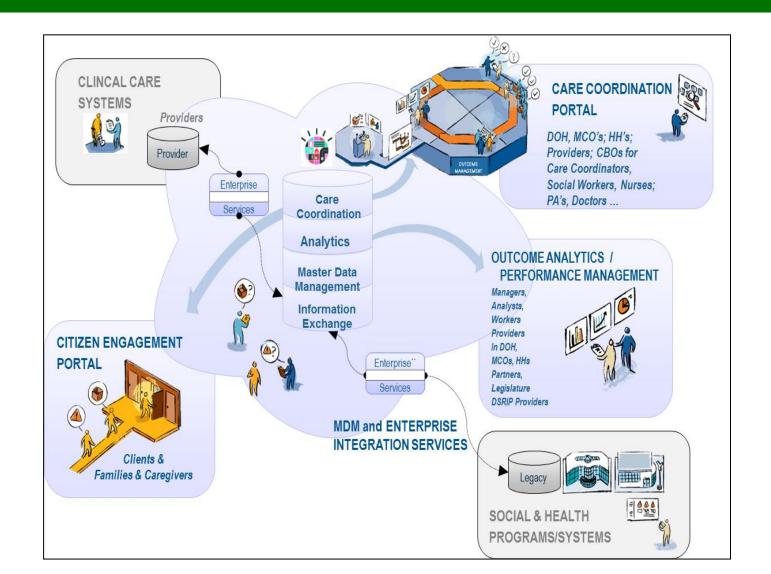
Health Home Name	Participating Partners	
Copy this page as necessary to list all participating partners		
Patient Initials	Date	
Name of Participating Partner		
Name of Participating Partner		
No. of Particular Particular		





# Medicaid Analytics and Performance Portal







### MAPP Development



- ☐ First stage of MAPP development includes:
  - Moving current Health Home Member Tracking System to a Web-Based Portal.
  - Providing Health Homes, Care Management Agencies and Managed Care Plans access to Medicaid Data Warehouse and Salient analytics to provide additional monitoring and performance management capabilities
  - Developing a Web-based referral tool
- ☐ Subsequent stages will include enhanced management capabilities and access to a care management record system (Curam).



### MAPP Development and Performance Management



- ☐ MAPP will be a key tool in shifting focus of the program from start up to performance by providing MCOs, Health Homes and care managers access to analytical tools and data to actively manage the program and achieve better outcomes.
- Access to Data and Performance Analytics will be:
  - 1. Transparent: Plans, Health Homes, Care Mangers and the State all have access to the same performance data
  - 2. Useful as a Management Tool: Data views will be useful, timely and actionable data
  - Easily Accessible: Easy to deploy and use without significant training (Dashboard displays of data)



# Regional Health Information Organizations (RHIOs)



- □ Providing data that is timely, accurate, and easily accessible to support population health analysis and inform treatment decision-making is critical to DSRIP's success. It is therefore critical that PPS providers make clinical data available to other PPS providers by connecting with their **Regional Health Information Organization** (RHIO)
- ☐ As of July 1, 2015 the RHIO completed their certification process and have now become **Qualified Entities** (QE).
- □ QEs are devoted to developing and deploying interoperable health information technology and analytics to facilitate patient-centric care across health settings
- ☐ There are 9 QEs in New York State, each storing sharing electronic health information for the providers in a distinct geographic area



#### Core Minimum Services



- The QE's will provide a secure environment that protects patient information.
- Patient Record Lookup and Secure Messaging are being implemented on a statewide basis
- There are eight core services that will be provided by each Qualified Entity
- The core services support management of patient identities across Providers, Networks, and Regions
- The core service give Providers access to public health data
- The QE will be able to deliver alerts and results to Providers

#### **Core Minimum Services:**

- Patient Record Lookup (Community)
- Patient Record Lookup (Statewide)
- Secure Messaging Direct
- Consent Management
- Notification (Alerts)
- Identity Management & Security
- Provider and Public Health Clinical Viewer
- Public Health Integration
- Result Delivery



## QE Minimum Core Services & Additional Integration Services Currently Provided



	Patient Portal	Provider Portal	Patient Care Summary/ Health Record/ ADT Info	Data Analytics	Notification/Alert	Direct Messaging	Population Health Management	Public Health Reporting/ Syndromic Surveillance	Medical history (Medication allergy & problem list)	Lab info	Radiology info	Transcription	Claims History
Bronx	N	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	N/A	N/A
eHNLI	N	Υ	Υ	Υ	Υ	Υ	N	N	Υ	Υ	Υ	N/A	N/A
HealtheConnecti ons	N	Υ	Y	N	Υ	Υ	N	Υ	Υ	Υ	Υ	N/A	N/A
HealtheLink	N	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	N	N/A
Healthix\ BHIX	N <sup>1</sup>	Υ	Υ	N	Υ	Υ	N	N	Υ	Υ	Υ	N/A	N/A
HIXNY	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Y	Υ	Υ	Υ	N/A
Interboro	N	Υ	Υ	N	Υ	Υ	N	N	Υ	Υ	Υ	N/A	N/A
Rochester	N <sup>2</sup>	Υ	Υ	Υ	Υ	Υ	N	Υ	Υ	Υ	Υ	N	N/A
HealthLinkNY	N	Υ	Υ	Υ	Υ	Υ	Υ	N/A	Y	Υ	Υ	N/A	N/A

- 1 Healthix currently does not have a patient portal exposed to the patients, but it may have the capability.
- 2 Rochester Patient portal does not provide link to patient medical information. The portal described on their website is not a patient portal as defined by Meaningful Use. It may have the capability to provide a patient portal as defined by Meaningful Use.

Legend	
N	Not provided by RHIO
Υ	Provided by RHIO
N/A	Information Not Available



# The Advantages of Data Integration through QEs



- QEs will be able to initiate the integration process as soon as data dictionaries for the Medicaid Claims Database are shared
- Since clinical data is shared by multiple PPSs, the QEs will be able to produce meaningful comprehensive and cross-PPS analytics using the integrated data.
- Integrated data will be very useful for:
  - Data Analytics
  - 2. Population Health Management
  - 3. Understanding cost and effectiveness of treatments
  - 4. Measuring DSRIP projects' success



#### Statewide Health Information Network of New York (SHIN-NY)



- ☐ The SHIN-NY is a "network of networks" that links New York's nine QEs throughout the State.
- □With patient consent, the QE allows those records to be accessed securely by other healthcare providers
- □ As part of the SHIN-NY, QEs will be able to exchange records between each other, creating a statewide network of health information

This "network of networks" is the keystone of the State's strategy of safely and securely sharing accurate and useful health data through the DSRIP Program



## Sharing Data Across Systems – Policy and Operational Considerations



- Legal access to data
- Consent requirements (clinical)
- Security requirements (Medicaid > QE Policy Standards)
- Security audits for non-certified entities
- Analytic standards (comparative quality measures across PPSs)
- Data governance (MDM algorithm, data access, etc.)
- Data cleansing/validation
- Data storage and system processing optimization
- Initial/Ongoing costs and funding mechanisms
- Sustainability Models beyond DSRIP/HITECH
- Compliance with current and future regulations





# Patient Consent & Data Security



#### **Patient Consent**



- Prior to going through the Opt-out process for patient consent, each PPS will have to determine how they intend to access the Medicaid data provided by the New York State DOH
  - If the PPS decides they don't want to store the data within their organization they will use the MAPP tool to access Member roster and claims extract files for their attributed population
  - If however, a PPS does want to store the Medicaid data of their attributed members within their organization they will have to follow several steps to ensure the security of that data because the Medicaid data files contain PHI
- The PPS lead entity will have to have a secure server where they can store the files and they will need to designate two tech savvy users with accounts on the server who will be able to retrieve and decrypt the DOH provided data that contains the PHI.
- The two users accessing the PHI will need IAL 3 which includes in-person identity proofing using a government issued ID along with two factor authentication tokens (2FA tokens)



## Data Security through Two-Factor Authorization



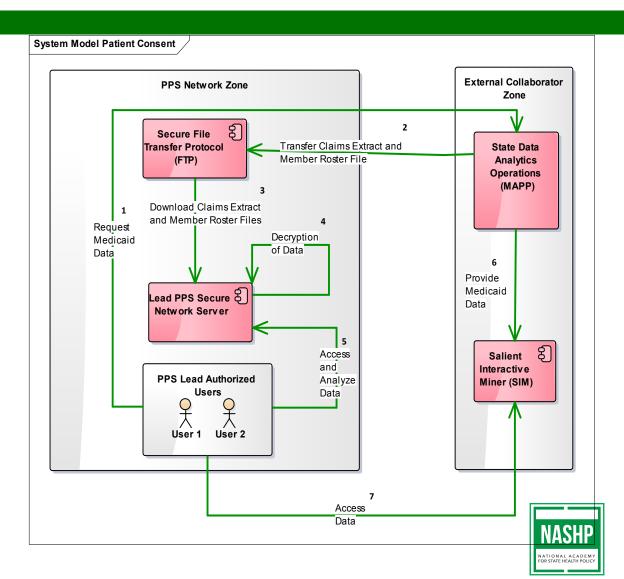
- 2FA (Two-Factor Authorization) will be implemented by August 2015.
- The initial 2FA implementation will require users to have a NYS DMV-issued identification.
- 2FA tokens are a state approved form of identification that is usually something you have, that can only be unlocked by something you know or something you are.
  - For example a certificate (something you have) is unlocked by a passcode (something you know) and the combination of the two provides the user access to the protected information

#### Patient Consent - Process

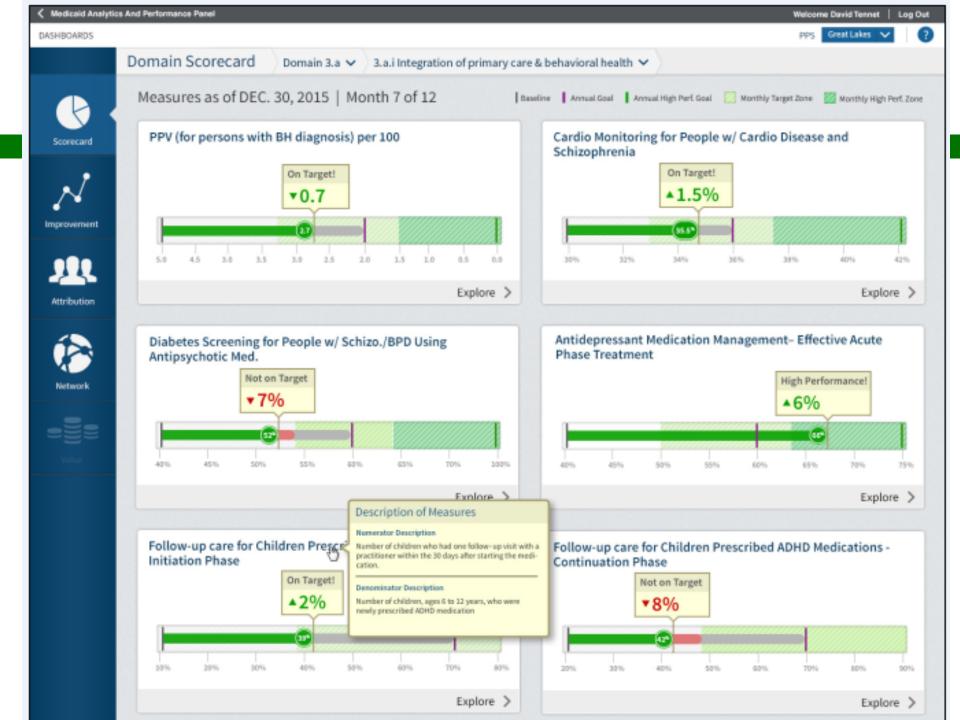


The process flow for the file transfer is as follows and outlined in the model below:

- The PPS lead entity requests the member roster file and claims extract file from the MAPP tool.
- The MAPP tool will send an encrypted file containing the member roster and claims extract to a secure FTP.
- Once the file is in the FTP the authorized and identified users will log in and download the file to the lead PPS secure server.
- The two identified users will then decrypt the file to unlock the data for PPS use.
- 5. The two identified users access and analyze the data.







Gender All



#### Great Lakes 💙

Domain Scorecard

Measures as of DEC. 30, 2015

Domain 3.a > 3.a.i Integration of primary care & behavioral health >

PPV (for persons w/ BH diagnosis) per 100 ∨









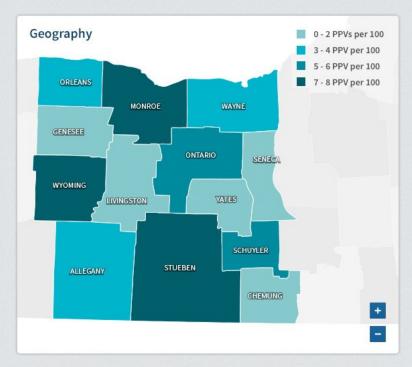




CRG All

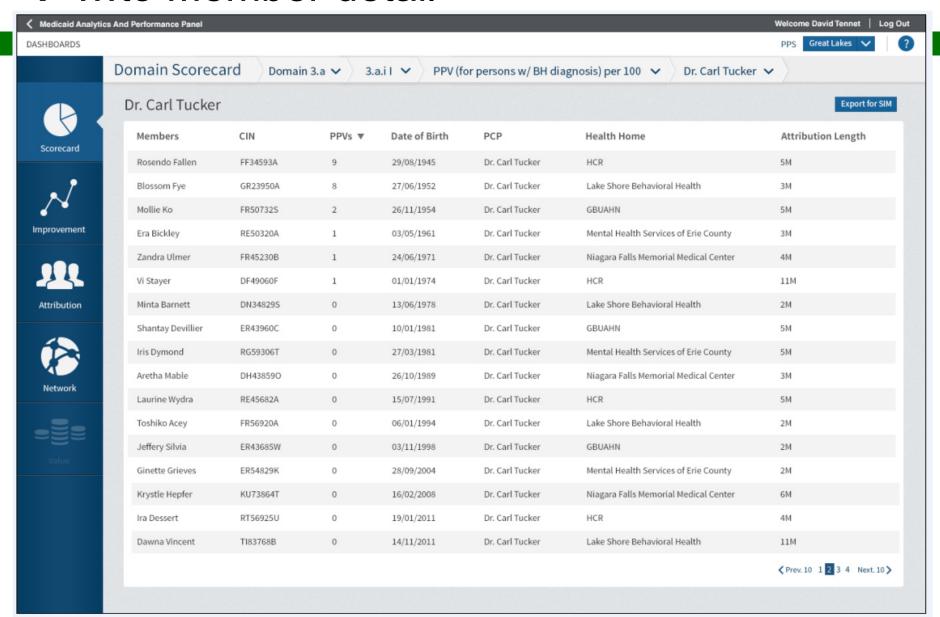
Age Group All







### State Solution Performance Dashboards -> ...to Member detail



#### Questions?

DSRIP e-mail:

dsrip@health.state.ny.us



### Question and Answer

Please use the chat box at the bottom of your screen to ask a question.



### Thank you

Please complete our evaluation on the next slide.

